



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

ARSENAL SCHOOL YOUTH SWIMMING LESSONS

**THELMA LOVETTE YMCA
AT ARSENAL MIDDLE SCHOOL**

At the Y, our swim lessons build skills, confidence and determination. Our instructors teach people of all ages and abilities how to be safe in the water while having fun. The Y staff will make sure that no matter what your goal is, they will help you achieve it.



When: February 16th– April 6th

Monday and Wednesday

5-6:30 p.m.

Prices: Skippers(6-36 months):\$35

Pike (Age 3-5) & Polliwog (Age 6-12)

Introductory Price \$60

All classes are 30 minutes long

REGISTRATION IS ON THE BACK



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CLASSES OFFERED:

Skippers (6-36 months Parent/Child) This is an introduction to the aquatic environment for parents and their infants. The infants learn basic skills and have fun playing with toys and floatation devices with the help of their parents.

Pike (3-5 years Beginners) This level helps children develop safe pool behavior, adjust to the water, and develop independent movement in the water. It is designed for new swimmers, teaching basic paddle stroke and kicking skills, pool safety, proper use of IFDs and PFDs, and comfort with holding the face in the water while blowing bubbles and swimming.

Polliwog (6 years and up Beginners) This is the beginner level for school-age children. It gets children acquainted with the pool, the use of floatation devices, and floating. By the end of this level, they should know the front paddle stroke, side and back paddle. Children can swim across the pool without assistance by the end of this level.

Registration Form

Participants

Name: _____

Birthday: _____

Age: _____

Address: _____

City: _____ State: _____

Zip: _____

Parents

Name: _____

Parents Email: _____

Session Enrollment

Date and Time

Mondays (February 2, 2015)

\$35 Skipper (5-530pm)

\$60 Pike (530-6pm)

\$60 Polliwog (6-630pm)

Wednesdays (February 4, 2015)

\$35 Skipper (5-530pm)

\$60 Pike (530-6pm)

\$60 Polliwog (6-630pm)

Payment Options:

Cash Amount Enclosed: _____

Credit Card:

Name on the card: _____

Card Number: _____

Expiration Date: _____

CVV Number: _____

Amount To Be Deducted: _____